**More About My Mini Book of Mighty Mantras**

**Coloring Book and Reader**

As an activist who has been creating, promoting, implementing, and championing school wellness programs for over 25 years, I am motivated to help every student of every age to understand their bodies and minds’ innate abilities to overcome stress, depression, physical ailments, and all other non-helpful and unproductive tendencies. Rather than claim them as "anti" programs, I choose to promote positive personal power. Let’s face it, a healthy, happy, and loving child doesn't need to use drugs, doesn't feel the need to bully other kids, and doesn't really want to sit around all day, watching TV and playing computer games. A healthy, happy and loving child is what we as a nation have been striving for. And we have invested quite a bit of time, money, and attention into health and wellness, but we haven't declared love and happiness as a societal goal. I'd like for us to make that declaration. Using a little unassuming cartoon mouse, I'm trying to help Love (and notice I'm using the word as a proper noun) become our focus.

All of these **school wellness programs** are free to schools and other non-profits, and many **MantraMouse** cartoon designs are available for download to use as posters and coloring pages. My goal is to acquire more corporate sponsors for books and other merchandise so every child, parent, teacher, and school administrator who chooses to share the **MantraMouse** message, can do so.  For more information on how you can take advantage of the free offer, become a sponsor, or purchase the coloring book in quantities of ten or more, contact me, **Donna Martini,** at **DM Enterprises, LLC.**